



THESE MEDICATIONS INTERFERE WITH ALLERGY TESTING
Please Read Carefully

24 HOURS BEFORE

Stop for 24 hours prior to testing:

- Skin cream or lotion on the back and arms
- Singulair (Montelukast), Accolate, Benadryl (diphenhydramine)

7 DAYS BEFORE

Stop for 7 days prior to testing

- Over the counter - cold/cough/sinus preparations, medications which contain doxylamine, diphenhydramine, chlorpheniramine, fexofenadine, loratadine, cetirizine, any antihistamine, any antihistamine/decongestant combination or homeopathic allergy supplement
- Antihistamine (examples) Actifed, Alavert, Alka-Seltzer Allergy, Allegra, Antivert, Atarax (hydroxyzine), Atrohist, Bromfed, cetirizine, Clarinex, Claritin, Comhist-LA, D.A. CHewable, Deconamine, Dimetane DC, Doxepin, Extendryl, Fedahist, fexofenadine, Histex, Kronafed-A, loratadine, Meclizine, Nolahist, Nolamine, PBZ, Periactin, Phenergan, RuTuss, Rynatan, Rynatuss, Sinulin, Tavist, Teldrin, Tamaril, Triaminic, Trinalin, Tussionex, Vistaril, Xyzal, Zyrtec
- Eyedrops - Pataday, Zaditor, Optivar, Elestat, over the counter allergy drops
- Reflux/Ulcer medicines - if possible, discontinue Tagamet, Zantac/ranitidine, Pepcid, Axid, Cimetidine. If not possible to stop reflux/ulcer meds for 7 days, they should be stopped for a minimum of 24 hours.
- Sleep Aids - Sinequan, Bufferin AT Nite-Time, Excedrin PM, Unisom, Advil PM, Tylenol PM
- Nasal Spray - Astelin, Astepro, Patanase, Dymista
- Steroids - long term or high-dose prednisone may partially suppress skin tests
- Motion Sickness/anti-nausea medications

YOU MAY CONTINUE TO TAKE THESE MEDICATIONS

- Do NOT discontinue asthma medications (asthma inhalers, theophylline products, prednisone)
- Plain decongestants (Sudafed, pseudoephedrine, phenylephrine)
- Topical decongestant (Afrin nasal spray)
- Topical nasal moisturizer - Ocean, Ayr (saline)
- Topical non-antihistamine nasal sprays
- Over the counter Nasalcrom, Flonase, Nascort
- Prescription Atrovent, Omnaris, Nasarel, Nasonex, Rhinocort, Zetonna, Qnasl
- Antibiotics
- Oral pain medications - Motrin, ibuprofen, Tylenol Sinus, (if decongestant ONLY)
- Prevacid (lansoprazole), Prilosec (omeprazole)
- Do NOT discontinue medicines used for other disease processes unless specified above.